

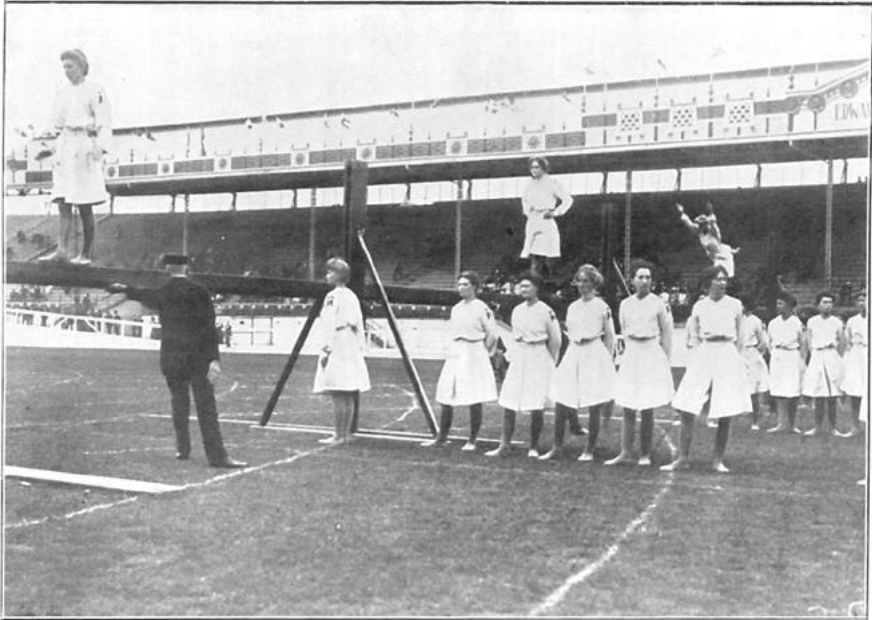
THE FOURTH OLYMPIAD

LONDON

1908

OFFICIAL REPORT





GYMNASTICS.—DISPLAY BY THE DANISH LADIES.



GYMNASTICS.—DISPLAY BY THE POLYTECHNIC LADIES.

## GYMNASTICS.

In the Stadium, on July 14, 15, and 16, 1908.

GYMNASTIC COMMITTEE OF THE B.O.C. :—

GUY M. CAMPBELL, F.R.G.S. ; E. LAWRENCE LEVY (Hon. Sec. Federated Amateur Gymnastic Associations of Great Britain and Ireland) ; COLONEL G. M. ONSLOW; ARTHUR G. MEARS; CHARLES J. WEST.

Prizes : Individual competition (Heptathlon).

1st Prize. Gold Olympic Medal.

2nd „ Silver „ „

3rd „ Bronze „ „

Team Competition.

1st Prize. 1 Gold Olympic Medal to the team.

Silver Olympic Medal to each member of team.

2nd „ 1 Silver Olympic Medal to the team.

Bronze Olympic Medal to each member of team.

### I.—INDIVIDUAL COMPETITIONS (20 entries allowed from each nation).

Voluntary Exercises.

1. Horizontal Bar, swinging movements.
2. Horizontal Bar, slow movements.
3. Parallel Bars, slow and swinging movements.
4. Rings, stationary.
5. Rings, swinging.
6. Pommel Horse, quick movements.
7. Rope climbing.

Every competitor must take part in every item.

### II.—TEAM COMPETITIONS (1 team to represent each country).

Voluntary Mass Exercises. The exercises may be those known as free gymnastics or exercises with hand apparatus, or any combination of both or either.

Teams of not less than 16 nor more than 40.

Time limit, 30 minutes.

### III.—DISPLAYS, NON-COMPETITIVE.

With Commemorative Medals. Open to women.

#### LIST OF COMPETITORS FOR HEPTATHLON.

##### BELGIUM.

Messrs. A. De Buck, J. van Guysca.

##### BOHEMIA.

Messrs. J. Czada, B. Honzatko.

##### CANADA.

Messrs. G. A. Keith, O. Elliott.

## FINLAND.

Messrs. E. Kosonen, R. Korhonen, J. Partanen, J. Saarivuori, T. Teivonen.

## FIANCE.

Messrs. E. E. Boislève, A. Castille, F. Castille, J. Castigliano, G. Charmoille, A. Costa, It. Diaz, V. Dubois, D. Foliati, E. Gauthier, F. Lekim, M. Lulu, Paulin Lemaire, J. Lux, G. Mounier, F. Nidal, G. Ratclot, J. Rolland, L. Segurra, G. Thurnheer.

## GERMANY.

Messrs. K. Borchert, A. Ehrich, P. Fischer, G. Karth, W. Kaufmann, Körting, "i"Krämer, H. Siebenhaar, A. Steuernagel, W. Weber, F. Wolf.

## HOLLAND.

Messrs. C. Becker, M. Bid, 11. Blom, J. Bott, E. Bronwer, J. H. Flemer, J. Gondeket, D. Janssen, J. Kieff, A. Mok, J. Posthumus, J. slier, J. Stikkelman, H. Thysen, C. van Daalen, H. van Leeuwen, G. Westing.

## HUNGARY.

Messrs. M. Antos, E. Gellert, F. Graf, J. Nyisztor, C. Szabo, G. Szües.

## ITALY.

Messrs. G. A. Braglia, C. Otello, G. Romano.

## NORWAY.

Messrs. C. Carlsrud, P. Hol, E. Ingebretsen, M. P. Jespersen, O. Iversen, C. Ix'lath, F. Olsen, J. Skrataas.

## TURKEY.

Mr. Moullos.

## UNITED KINGDOM.

Messrs. E. Aspinall, G. Bailey, O. Bauscher, J. Cook, F. B. Dick, S. Domville, E. Dyson, W. Fergus, A. Ford, J. Graham, It. Hanley, L. Hanson, A. Hodges, S. Hodgetts, G. Meade, E. W. Potts, C. H. Smith, W. Tysall, J. A. Walters, W. Watters.

## SQUADDING OF COMPETITORS FOR THE HEPTATHLON\*

Tuesday, July 14, at 2.30.

SQUAD ORDER.	HORIZONTAL BAR, Swinging Movements.	HORIZONTAL BAR. Slow Movements.
	A	B
<b>1</b>	[664 Trippel, C., <i>Germany.</i> ]	1810 Tysall, W., <i>U.K.</i>
<b>2</b>	945 Szücs, G., <i>Hungary.</i>	[653 Schwarz, K., <i>Germany.</i> ]
<b>3</b>	[133 Franta, E., <i>Bohemia.</i> ]	[860 Gerhauser, A., <i>Hungary.</i> ]
<b>4</b>	[982 Bertinotti, R., <i>Italy.</i> ]	59 De Buck, A., <i>Belgium.</i>
<b>5</b>	376 Boislève E., <i>France.</i>	[1030 Innocenti, F., <i>Italy.</i> ]
<b>6</b>	1129 Olsen, F., <i>Norway.</i>	537 Ratelot, G., <i>France.</i>
<b>7</b>	1817 Waiters, W., <i>U.K.</i>	[642 Rank, M., <i>Germany.</i> ]
<b>8</b>	789 Slier, J., <i>Holland.</i>	1096 Carlsrud, C., <i>Norway.</i>
<b>9</b>	667 Weber, W., <i>Germany.</i>	1525 Graham, J., <i>U.K.</i> 760 van Leeuwen, H.N., <i>Holland.</i>

\* The names of competitors who did not appear are printed in square brackets,

SQUAD ORDER.		PARALLEL BARS.	RINGS, Stationary.
1		711 Bronwer, E., <i>Holland.</i>	1113 Iversen, O., <i>Norway.</i>
2		1565 Hodgetts, S., <i>U.K.</i>	730 Flemer, J., <i>Holland.</i>
3		[658 Simon, W., <i>Germany.</i> ]	1564 Hodges, A., <i>U.K.</i>
4		[934 Spécz, E., <i>Hungary.</i> ]	[641 Schönecker, <i>Germany.</i> ]
5		350 Teivonen, T., <i>Finland.</i>	819 Antos, N., <i>Hungary.</i>
6		[584 Behme, <i>Germany.</i> ]	187 Keith, <i>Canada.</i>
7		[1045 Mazzarocchi, S., <i>Italy.</i> ]	[1071 Racchetta, <i>Italy.</i> ]
8		1476 Domville, S., <i>U.K.</i>	495 Lux, J., <i>France.</i>
9		795 Thysen, H., <i>Holland.</i>	1663 Meade, G., <i>U.K.</i>
10		424 Diaz, R., <i>France.</i>	

SQUAD ORDER,		RINGS, Swinging.	VAULTING HORSE.
		E	F
1		[1029 Gubiani, M., <i>Italy.</i> ]	338 Castille, A., <i>France.</i>
2		659 Steuernagel, <i>Germany.</i>	1118 Klath, C., <i>Norway.</i>
3		735 Gondeket, J., <i>Holland.</i>	[24 Kallner, <i>Germany.</i> ]
4		1928 Watters, W., <i>U.K.</i>	779 Posthumus, <i>Holland.</i>
5		339 Saarivuori, J., <i>Finland.</i>	1539 Hanson, L., <i>U.K.</i>
6		512 Mounier, G., <i>France.</i>	135 Honzatko, B., <i>Bohemia.</i>
7		706 Blom, R., <i>Holland.</i>	569 Thurnheer, G., <i>France.</i>
8		514 Nidal, F., <i>France.</i>	1538 Hanley, R., <i>U.K.</i>
9		[1047 Mazzoncini, <i>Italy.</i> ]	[837 Dahinten, Dr., <i>Hungary.</i> ]

SQUAD ORDER.		ROPE.
		G
1		863 Graf, F., <i>Hungary.</i>
2		[1028 Gualeni, C., <i>Italy.</i> ]
3		389 Castille, F., <i>France.</i>
4		1138 Skrataas, J., <i>Norway.</i>
5		590 Borchert, K., <i>Germany.</i>
6		704 Biel, M., <i>Holland.</i>
7		1484 Dyson, E., <i>U.K.</i>
8		[602 Frauke, O., <i>Germany.</i> ]
9		1726 Potts, E., <i>U.K.</i>

Wednesday, July 15, at 2.30.

SQUAD ORDER.		HORIZONTAL BAR, Swinging Movements.	HORIZONTAL BAR, Slow Movements.
		A	B
1		79 van Guysee, J., <i>Belgium.</i>	858 Gellert, E., <i>Hungary.</i>
2		656 Siebenhaar, H., <i>Germany.</i>	810 Westing, G., <i>Holland.</i>
3		[1008 Civinini, C., <i>Italy.</i> ]	[671 Weser, W., <i>Germany.</i> ]
4		475 Lalu, M., <i>France.</i>	[1020 Fedi, A., <i>Italy.</i> ]
5		769 Mok, A., <i>Holland.</i>	395 Charmoille, <i>France.</i>
6		673 Wolf, F., <i>Germany.</i>	1114 Jespersen, M. P., <i>Norway.</i>
7		1506 Ford, A., <i>U.K.</i>	598 Ehrich, A., <i>Germany.</i>
8		1442 Cook, J., <i>U.K.</i>	793 Stikkelman, J., <i>Holland.</i>
9		310 Korhonen., <i>Finland.</i>	1370 Bauscher, O., <i>U.K.</i>

PARALLEL BARS.		RINGS, Stationary.
<b>SQUAD ORDER.</b>		
<b>1</b>	175 Elliott, O., <i>Canada.</i>	311 Kosonen, E., <i>Finland.</i>
<b>2</b>	1780 Smith, C. H., <i>U.K.</i>	390 Castigliano, J., <i>France.</i>
<b>3</b>	[849 Erody, B., <i>Hungary.</i> ]	1357 Bailey, G., <i>U.K.</i>
<b>4</b>	617 Karth, G., <i>Germany.</i>	[876 Horvath, B., <i>Hungary.</i> ]
<b>5</b>	[1042 Massotti, V., <i>Italy.</i> ]	1112 Ingebretsen, E., <i>Norway.</i>
<b>6</b>	547 Rolland, J., <i>France.</i>	[1052 Nerozzi, S., <i>Italy.</i> ]
<b>7</b>	708 Bott, J., <i>Holland.</i>	618 Kaufmann, W., <i>Germany</i>
<b>8</b>	[522 Lemaire, P., <i>France.</i> ]	1002 Otello, C., <i>Italy.</i>
<b>9</b>	1035 Romano, G., <i>Italy.</i>	484 Lekim, F., <i>France.</i>

RINGS, Swinging.		VAULTING HORSE.
<b>SQUAD ORDER.</b>		
<b>1</b>	[1124 Lem, H., <i>Norway.</i> ]	131 Czada, J., <i>Bohemia.</i>
<b>2</b>	747 Janssen, D., <i>Holland.</i>	993 Braglia, G. A., <i>Italy.</i>
<b>3</b>	[990 Borghi, P., <i>Italy.</i> ]	556 Segurra, L., <i>France.</i>
<b>4</b>	1351 Aspinall, E., <i>U.K.</i>	700 Becker, C., <i>Holland.</i>
<b>5</b>	912 Nyisztor, J., <i>Hungary.</i>	621 Krämer, T., <i>Germany.</i>
<b>6</b>	328 Partanen, J., <i>Finland.</i>	1471 Dick, F. B., <i>U.K.</i>
<b>7</b>	[1083 Tuzzi, R., <i>Italy.</i> ]	430 Dubois, V., <i>France.</i>
<b>8</b>	401 Costa, A., <i>France.</i>	[976 Bacchelli, E., <i>Italy.</i> ]
<b>9</b>	620 Körting, <i>Germany,</i>	937 Szabo, C., <i>Hungary.</i>

## ROPE.

SQUAD ORDER.	
<b>1</b>	716 van Daalen, C., <i>Holland.</i>
<b>2</b>	601 Fischer, P., <i>Germany.</i>
<b>3</b>	[971 Andreotti, A., <i>Italy.</i> ]
<b>4</b>	444 Follacci, D., <i>France.</i>
<b>5</b>	750 Kieff, J., <i>Holland.</i>
<b>6</b>	1588 Fergus, W., <i>U.K.</i>
<b>7</b>	451 Gauthier, E., <i>France.</i>
<b>8</b>	1111 Hol, P., <i>Norway.</i>
<b>9</b>	[995 Brambilla, E., <i>Italy.</i> ]

## LIST OF TEAM COMPETITORS.

## DENMARK.

Tuesday, July 14, at 2.30 P.M.

C. C. Andersen, H. Brédmose, J. Chievitz, A. Hansen, C. M. Hansen, I. M I-Iansen, G. R. E. Hansen, K. Holm, P. Holm, V. Hornbrek, O. Husted-Nielsen, C. C. Jensen, G. D. Jensen, J. H. Johansen, H. R. S. Klem, R. K" Madsen, V. M. Madsen, L. F. C. Nielsen, N. Turin-Nielsen, O. Olsen, N. K. Petersen, N. Philipsen, H. Rasmussen, V. Rasmussen, M. Thursen.

## UNITED KINGDOM.

*Tuesday, July 14, at 4 P.M.*

P. A. Baker, W. F. Barrett, R. Bonney, J. H. Catley, M. Clay, E. Clough, J. Cotterell, W. Cowy, G. C. Cullen, F. Denby, H. J. Drury, W. Fitt, H. Gill, A. S. Harley, A. E. Hawkins, W. O. Hoare, J. A. Horridge, H. J. Huskinson, J. W. Jones, E. Justice, N. J. Keighley, R. Laycock, R. McGaw, J. McPhail, W. Manning, W. G. Merrifield, C. J. Oldaker, G. Parrott, E. Parsons, E. F. Richardson, J. Robertson, G. J. Ross, D. Scott, J. F. Simpson, W. R. Skeeles, J. Speight, H. Stell, C. V. Suderman, W. Tilt, C. Vigurs, H. Waterman, E. Walton, E. A. Watkins, J. T. Whitaker, F. Whitehead.

## FINLAND.

*Wednesday, July 15, at 2.30 P.M.*

E. Forstrom, E. Granström, J. Kemp, T. Kyykoski, H. Lehmusto, J. Lindratu, E. Linna, Y. Linko, M. Markanen, K. E. Mikkolainen, D. Nieminen, K. K. Paasio, A. Pohjanpaa, A. Pohjonen, E. Railio, H. A. Rüpinen, A. Saarinen, A. T. Salovaara, K. V. T. Sandelin, E. Sahlstein, E. E. Sipita, V. Smeds, K. K. Soinio, K. E. Stenberg, V. E. Turi, K. M. Wegelins.

## FRANCE.

*Wednesday, July 15, at 3.15 P.M.*

L. Bogart, A. Borizée, H. de Breyne, N. Constant, C. A. Courtois, L. Delattre, A. Delecluse, L. Delecluse, G. Demarle, J. Derov, C. Desmarcheliers, Ch. Desmarcheliers, E. Dharaney, G. Donner, E. Duhamel, A. Duponcheel, P. Durin, A. Eggremont, G. Guiot, L. Hennebicq, H. Hubert, D. Hudels, E. Labitte, L. Lestienne, R. Lis, V. Magnier, G. Nys, J. Parent, L. Pappé, V. Polidori, G. Pottier, A. Pinoy, L. Sandray, E. Schmoll, E. Steffe, E. Vercruyssen, H. Vergin, E. Vicogne, J. Walmée, G. Warlouzer.

## SWEDEN.

*Wednesday, July 15, at 4 P.M.*

T. Andersson, G. Asbrink, C. Bergman, C. Bertilsson, W. Carlberg, A. Cervin, H. Cedercrona, R. Degermark, C. Eriksson, C. Foleker, S. Forssman, S. Forssen, F. Geidel, E. Graufelt, C. Harlemann, N. Hellsten, G. Hözer, A. Holmberg, C. Holmberg, O. Holmberg, H. Jahnke, O. Jansson, J. Jarten, G. Johnsson, H. Jonsson, R. Jonsson, N. Kantzow, Kjellen, L. Kiristen, O. Lanner, S. Landberg, A. Ljung, O. Moberg, J. Möller, E. Nilsson, E. Norberg, T. Norberg, C. Norling, D. Norberg, D. Norling, G. Olsen, L. Pettersson, H. Rassander, S. Rosen, G. Rosenquist, C. Rydin, S. Sandberg, Albert Seger, Alex Seger, C. Silverstrand, A. Sjöbloni, B. Soevick, H. Soevick, Y. Stjernspets, K. Svensson, G. Vingquist, F. Widell, G. Wiekman, D. Wiman.

## HOLLAND.

*Thursday, July 16, at 2.30 P.M.*

C. L. J. Becker, M. Biel, J. de Boer, R. J. C. Blom, J. Bolt, E. Brouwer, C. van Daalen, J. H. Flemer, G. C. Göekel, J. Gondeket, D. Janssen, J. J. Kiefl, S. Kongin, H. N. van Leeuwen, A. Mok, A. d'Oliviera, J. J. Posthumus, J. H. A. G. Schmitt, J. Slier, J. Stikkelman, H. J. F. Thyssen, G. J. Wesling.

## NORWAY.

*Thursday, July 16, at 3.15 P.M.*

A. Amundsen, C. A. Andersen, O. F. Authen, P. A. Bersen, H. Bohne, T. Boysen, O. Bye, C. N. Carlsrud, J. Forstensen, S. Gróner, H. Halvorsen, H. Hansen, J. Hol, P. Hol, E. Ingebretsen, O. Iversen, M. Jespersen, S. Johannessen, N. Kioër, C. Klath, T. Larsen, R. Lefdahl, H. S. Leon, A. Moen, F. Olsen, C. Pedersen, H. Pedersen, B. Salvesen, J. Skrataas, H. Smevik, S. Sivertoen, A. Strand, O. Syvetsen,



## ITALY.

*Thursday, July 16, at 4 P.M.*

A Accorsi, N. Agodi, U. Agharini, A. Andreani, B. Buoizzi, F. Boltoni, V. Blo, G. Bonoti, P. Borsetti, A. Borzani, G. Calabraei, C. Celado, T. Collevati, G. Cristofori, A. Cosechini, S. Dichiarà, G. Gasperini, A. Marchi, C. Marchiandi, E. Massari, R. Nardini, G. Preti, D. Pavarri, G. Ravenna, M. Ridolfti, G. Taddio, G. Termanini, U. Savanuzzi, G. Vaccari.

## REGULATIONS AND INSTRUCTIONS FOR GYMNASTIC COMPETITORS.

## INDIVIDUAL COMPETITORS.

1. Every Competitor must have in his possession, to be produced whenever required, a Competitor's card. If competing both as an individual and in a team, two cards will be required. These cards will be forwarded to the Olympic Committees from whom they will be issued to the Competitors.

2. Competitors must assemble in the dressing-room punctually at the time stated on their cards.

3. All Competitors must be attired in full gymnastic costume, viz. : gymnastic vest (which must cover the armpits) ; long trousers to the ankles, or short trousers with stockings to the knee (tights or woven knickers not permitted) ; and light shoes.

4. Half an hour before the Competition, gongs or bells will sound, and Competitors must "fall in" in their respective squads ready to answer their names.

5. Ten minutes before the commencement of the Competition, the squads will march to their apparatus in the Arena under the guidance of their Stewards.

6. The squad to which a Competitor will be assigned and his number in squad, will be determined by lot.

The drawing will be conducted and carried out by the British Olympic Gymnastic Committee in London.

7. The order in which the squads will work on the different pieces of apparatus will also be decided by lot.

8. Competitors failing to obey the instructions of the Judges or the Stewards will render themselves liable to disqualification.

9. The apparatus used will be of the following dimensions :—

[N.B.—*No trial on the apparatus will be allowed.*]

## HORIZONTAL BARS.

1. There will be twelve bars, four made of steel, four made of steel covered with leather, and four made of wood. The leather covering will be wound round the steel bar spirally.

2. Six bars, two of steel; two of steel covered with leather, and two of wood, will be fixed at a height of 250 cms. or 8 ft. 4 in. above the ground.

3. Six bars, two of steel, two of steel covered with leather, and two of mud, will be fixed at a height of 220 cms., or 7 ft. 4 in. above the ground.

4. The length of the bars between the inside of the uprights will not be less than 220 nor exceed 230 cms. (7 ft. 4 in. to 7 ft. 8 in.).

5. The diameter of the bars will not be less than 30 nor exceed 32 mms. ( $1\frac{3}{16}$  to  $1\frac{1}{4}$  in.) absolute measurement, whether covered or not.

#### PARALLEL BARS.

1. There will be two parallel bars, one to be fixed at a height of 160 cms., or 5 ft. 4 in., above the ground, with a clear inside width between bars of 46 cms., or 18 in., the other to be fixed at a height of 148 cms., or 4 ft. 10 in., and have a clear inside width of 43 cms., or 17 in.

2. The total length of the bars will be from 280 to 300 cms. (9 ft. 4 in. to 10 ft.) but will not project beyond the uprights for more than 40 cms. or 16 in.

3. The bars will be oval in shape. The perpendicular diameter will not be less than 52 nor exceed 55 mms. ( $2\frac{1}{16}$  to  $2\frac{1}{4}$  in.); the horizontal diameter will not be less than 43 nor exceed 46 mms. ( $1\frac{1}{16}$  to  $1\frac{3}{16}$  in.).

4. The uprights and frame will be of iron.

#### RINGS.

1. The rings will be suspended from a portable scaffolding similar to that used for the horizontal bar, and will work over pulleys so as to be quickly adjustable at 10 cm. or 4 in. intervals from a height above the ground of 6 ft. to 8 ft. 4 in.

2. The height of the top bar of the scaffolding from which the rings hang will be 720 cms. (24 ft.) above the ground.

3. The height to which the rings may be raised above the ground will not be less than 180 nor exceed 250 cms. (6 ft. to 8 ft. 4 in.).

4. The rings (which will be made of iron) will be circular in shape and leather covered, with swivels for turning.

5. The thickness of the ring will not be less than 30 nor exceed 32 mms. ( $1\frac{3}{16}$  to  $1\frac{1}{4}$  in.)

N.B.—*Each competitor must generate his own swing, and this shall be included in the two minutes allotted to each competitor.*

## VAULTING HORSE.

1. There will be two vaulting horses.
2. The length of the horse will be 190 cms. (6 ft. 4 in.).
3. The width and depth of the body of the horse will be 40 cms. (16 in.).
4. The top of the saddle will be fixed at a height of four feet from the ground.
5. The length of the neck and the croup will be equal.
6. The width between pommels will not be less than 43 nor exceed 46 cms. (17 to 18 in.).
7. The pommels will be leather covered and hoop shaped.
8. The height of the pommels from the top of the horse will not be less than 11 nor exceed 12 cms, ( $4\frac{3}{8}$  to  $4\frac{1}{2}$  in.) ; the diameter of the handles will not be less than 31 nor exceed 33 mms. ( $1\frac{1}{4}$  to  $1\frac{5}{16}$  in.).
9. The neck, saddle and croup will all be of one continuous horizontal level.

## ROPE.

1. The top mark of the rope will be fixed at a height of 720 cms. or 24 ft. from the ground, and the rope will be marked off every 45 cms., or 18 in., commencing at a height of 180 cms. or 6 ft. from the ground.

The scaffolding will be 1 ft. higher than the actual rope length.

2. The diameter of the rope will be 5 cms. or 2 in.

N.B.—*The position of the body in descending shall be the same as in the ascent. Hand shall pass hand, but the arm may be bent or straight.*

*No resin, chalk, or any kindred substance may be applied to the hands or rope.*

## MATS.

Mats will surround each piece of apparatus.

## TEAM COMPETITORS.

1. Team Competitors will require to assemble and "Fall in" in a similar manner to Individual Competitors.
2. Directors of teams must, if their team work with hand apparatus, see that that apparatus is in the team's dressing room at least two hours before the time the team has to appear in the arena.

REGULATIONS AND INSTRUCTIONS FOR JUDGES, TIMEKEEPERS,  
STEWARDS AND SCORERS.

## I.—RULES FOR JUDGES.

*Assembling Time.*—Judges are requested to report themselves to the Gymnastic Committee not a minute later than 2.0 P.M. on the afternoons of Tuesday, Wednesday, and Thursday, July 14, 15, and 16, in order to

receive their Judges' Cards before they take up their positions in the arena of the Stadium at the apparatus they are to judge, which shall not be later than 2.20 P.M.

*Precedence.*— For ease of clerical and general working, alphabetical order of surnames shall settle the name of first, second and third judge.

#### INDIVIDUAL COMPETITIONS.

*Calling of Competitor's Names.*—Judges shall agree among themselves as to which one shall call the Competitors' names.

*Commencing of Judging.*—Judging commences from the moment the Competitor leaves the position of "attention," 6 or 10 feet from the apparatus (to which he goes upon his name being called), and ceases when he resumes the position of "attention" at the conclusion of his exercise, or when the Timekeeper indicates by waving a white flag that the two minutes allotted to the Competitor has elapsed.

In rope climbing judging begins the moment the body begins to leave the sitting position on the ground, and ends the moment the ascending or descending ceases to be continuous.

*Marking.*—Marks are to be awarded for :—

- (a) Successful performance of exercise attempted.
- (b) Difficulty and combination of movements.
- (c) Style and sequence.
- (d) Variety of movements,

*Penalty*— Each Judge shall deduct *one* mark from the total awarded by him to any Competitor failing to complete his exercise in the two minutes allotted, and shall show the same on his score card, thus :—

Less Penalty	...	...	...	1
			—	
Total...	...	...	...	6

*Entering Marks.*—All marks must be entered on the Judges' Card in ink, and any alteration must be initialled.

*Second Attempt.*— Judges shall not permit second attempts unless they consider a Competitor was interfered with in his first attempt, or that the first was rendered abortive through no fault of his own.

*Resumption after a Fall.*—If a Competitor, having the misfortune to, fall, *immediately* resume his position on the apparatus and complete his exercise from the point at which he fell off, such fall shall be marked as a break in sequence (losing thereby half a mark), *but no extra time shall be allowed.*

*Consultation.*— Judges shall only consult together on questions of *second attempts.*

## TEAM COMPETITIONS.

*Commencing of Judging.*— Judging commences from the moment the Timekeeper waves his flag to indicate the beginning of the competition, and ceases when the Timekeeper waves his flag to indicate that the time has elapsed, or that the instructor has signified to him that the competition is finished.

*Penalty.*— Each Judge shall deduct *fifteen* marks from the total amount awarded by him to any team if that team fails to complete its work in the half-hour allotted, and shall show the same on his score card thus :—

	135
Less Penalty ... ..	15
	<hr style="width: 50px; margin-left: auto; margin-right: 0;"/>
Total . . . . .	120

## II.—RULES FOR TIMEKEEPERS.

*Assembling Time.*— Timekeepers are requested to report themselves to the Gymnastic Committee not a minute later than 2 P.M. on the afternoons of Tuesday, Wednesday, and Thursday, July 14, 15, and 16, at the British Olympic Gymnastic Committee Room in the Stadium, and accompany the Judges to their apparatus.

*Watches.*— The watches used must be stop-watches, and must be certified by a firm of repute.

## INDIVIDUAL COMPETITIONS.

*Timing.*— Except in rope climbing, which is a distance and not a time test, the time allotted to each Competitor on any piece of apparatus is two minutes.

With *Rings Stationary* the time commences from the moment when the Competitor grasps the rings.

With *Rings Swinging* when the Competitor starts to make his first run forward.

## III.—RULES FOR STEWARDS.

*Assembling Time.*— Stewards are requested to report themselves to the Gymnastic Committee not a minute later than 1.45 P.M. on the afternoons of Tuesday, Wednesday, and Thursday, July 14, 15, and 16, at the British Olympic Gymnastic Committee Room in the Stadium,

## INDIVIDUAL COMPETITIONS

*Duties.*— Stewards will act as Whips or Arena Stewards.

*Whips.*— Whips will collect Competitors into their respective squads, and see that the squads “ Fall in ” opposite their squad letter at 2 P.M. in

the afternoon. Competitors must take their place in squad according to the squad number on the Whip's list, and this number must correspond to the number on the Competitor's card.

*Arena Stewards.*—At 2.10 Arena Stewards will check the Whip's lists and the positions of the Competitors, notifying the Judges of any Competitors who may have scratched.

At 2.20 the Stewards will march the Competitors to the Judges at each piece of apparatus, and at the conclusion of work on that apparatus march the squad to the next apparatus set down on their order form.

*Collecting of Score Sheets.*—After a squad has completed its work upon any piece of apparatus, the Steward of that squad shall collect and place in the portfolio provided for the purpose the Score Cards of each of the three Judges who acted at that piece of apparatus, and then upon the proper signal march his squad to the next piece of apparatus to which it has been assigned.

While the squad is at work on this fresh piece of apparatus, the Steward will take the Score Cards received from the Judges of the last piece of apparatus to the Scorers' office, and hand the cards to the Scorer sitting below the letter corresponding to his own squad letter (receiving a voucher in exchange for the Score Cards handed in) and then return to his squad.

This carrying of Score Cards to the Scorers' office will be repeated after every change of apparatus.

When work has been completed on all the pieces of apparatus the Stewards will march their squads to the arena exits and hand them over to the Whips, who shall conduct the squads to their dressing rooms and, dismiss the Competitors.

As soon as the squads have been handed over to the Whips the Stewards shall, before themselves leaving the arena, carry the last set of Score Cards to the Scorers' office.

#### TEAM COMPETITIONS.

The work of collecting and conducting Teams to and from the arena will be carried out in a similar manner to that of the squads.

#### IV.—RULES FOR SCORERS.

*Assembling Time.*— Scorers are requested to report themselves to the Gymnastic Committee not a minute later than 2.30 P.M. on the afternoons

of Tuesday, Wednesday and Thursday, July 14, 15, and 16, at the British Olympic Gymnastic Committee Room in the Stadium.

*Scorers' Precedence.*— Mr. H. F. Barclay will be Chief Scorer, and to him all questions relating to Score Sheets and Scoring should be addressed.

In the case of the remaining Scorers precedence will be according to alphabetical order of surnames.

*Score Sheets.*— The first Scorer will have the Judges' Cards of the first squad brought to him throughout the working of each session, and so on with each successive Scorer and squad. The eighth Scorer will act as Team Scorer, the ninth and following Scorers as Second Checks.

*Duties.*— 1. To receive from the Stewards the Judges' Cards for the squad on whose behalf the Scorer is acting, and give the Steward a voucher therefor.

2. To enter the Judges' marks on the Score Sheet in the spaces provided—the first Judge's first, the second Judge's second, the third Judge's third.

3. Add the marks together and enter the result in the space opposite "Total."

4. When the Score Sheet is full the Scorer will take it, together with the Judges' Cards, to the Second Check for confirmation after signing the space marked "First Check."

*Checking.*— The Second Check will, upon satisfying himself that the marks are correctly entered and added, sign the sheet in the space marked "Second Check," and take it to the Chief Scorer for final confirmation.

In the event of an error being discovered either in entry or addition of marks, such mistake must be referred to the Chief Scorer, and if upheld the correction must be initialled by both the Second Check and Chief Scorer.

*Final Order Form.*— When the Score Sheets are duly filled up, the names of the Competitors shall be entered upon a "Final Order Form," together with the total marks awarded ; the Competitors with the highest grand total coming first, and so on.

This "Final Order Form" must be signed by at least three members of the British Olympic Gymnastic Committee before being regarded as officially correct, and conveyed to the Hon. Secretary of the British Olympic Council.

# GYMNASTICS.

## PROGRAMME.

Maximum No.  
of Competitors  
from  
each Country

### **A. Individual Competitions** ... .. **20**

Voluntary Exercises.

1. Horizontal Bar, swinging movements.
2. Horizontal Bar, slow movements.
3. Parallel Bars, slow and swinging movements.
4. Rings, steady.
5. Rings, flying.
6. Pommel Horse, placed sideways, quick movements.
7. Rope Climbing.

Every competitor must take part in every item.

### **B. Team Competitions** ... .. **1 team**

Voluntary Mass Exercises. The exercises may be those known as free gymnastics or exercises with hand apparatus, or any combination of both or either.

Teams of not less than 16 nor more than 40.

Time limit 30 minutes.

### **C. Displays** (Non-competitive). Open to women.



## RULES AND CONDITIONS OF COMPETITION.

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### DIVISION OF COMPETITIONS.

The Gymnastic Competitions shall be divided into two sections,  
viz :—

- (i) Competitions for Individuals,
- (ii) Competitions for Teams,

and are open to Amateurs.

### GYMNASTIC AMATEUR DEFINITION.

An Amateur is any person who has never competed for a money prize, or remuneration from any source whatever, who has never competed with professionals, and never engaged in, assisted in or taught any athletic exercise as a means of pecuniary gain.

The strict repayment of out-of-pocket expenses by a responsible Association or Club does not disqualify a competitor as an Amateur.

**Nomination of Judges.** —The International Gymnastic Board shall be invited to nominate, in consultation with other Gymnastic Organizations, Judges who shall be amateurs.

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## SECTION I.

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### COMPETITIONS FOR INDIVIDUALS.

**Number of Competitors.** —No country may send more than twenty competitors to represent it.

**Items of Competition.**— The Individual Competitions shall comprise :—

1. Exercises on the Horizontal Bar—Swinging movements.
2. Exercises on the Horizontal Bar—Slow movements.
3. Exercises on the Parallel Bars—Slow and swinging movements ; competitors must introduce a reasonable proportion of both.
4. Exercises on the Steady Rings.
5. Exercises on the Flying Rings.
6. Exercises on the Pommel Horse. (Quick movements.)
7. Rope Climbing.

This shall be an “All round” Competition of which the highest aggregate scorer over the seven Individual Items shall be the winner. Every competitor must take part in every Item.

### APPARATUS TO BE USED.

**Horizontal Bar.** —Movable horizontal bars of “steel” and of “steel covered with leather.”

**Parallel Bars.** —Movable parallel bars; the dimensions of which can be regulated at will.

**Rings.** —Circular rings with swivels for turning. Rings to be adjusted to 6 feet from the ground.

**Pommel Horse.** —Placed sideways.

**Climbing Rope.** —Rope  $4\frac{1}{2}$ -inches in circumference, marked off every 18 inches, commencing at a height of 6 feet from the ground. Top mark 24 feet from the ground (or metric equivalents).

Generally speaking the apparatus used shall be of the standard size and measurements used at the International Continental Gymnastic Contests.

**Shifting apparatus.** —The judges shall have power if they consider it fair to cause any apparatus to be shifted or altered so as to suit any competitor.

### INFORMATION AND INSTRUCTIONS FOR JUDGES AND COMPETITORS.

**Judges.**—An official list of the judges and the pieces of apparatus they are to judge will appear in the Official programme.

The number of judges shall be three for each apparatus.

As far as possible the same three judges shall act for the same piece of apparatus throughout the entire competition, but in the event of the unavoidable absence of any judge from any unforeseen cause, the Gymnastic Sub-Committee shall appoint one of the reserve judges to act.

**Conditions of Competition.** —In each of the first six items of competition each competitor shall execute one “voluntary” combination exercise, the time occupied by each exercise not to exceed 2 minutes. In the seventh item, viz. Rope Climbing, the Rope shall be climbed hand over hand, starting from the sitting position (*i.e.* from a position as if sitting, the arms at full stretch ready for the climb), with legs together, and clear of the rope, No kicking, or swinging the legs from the hips, allowed.

**System of Scoring.** —For the Rope Climbing  $\frac{1}{2}$  mark shall be allowed for every 18 inches climbed in accordance with the foregoing rule. There shall be no maximum time. For the other apparatus the maximum number of marks shall be 24 for each voluntary. Each judge shall have this number of marks at his disposal, and the number of marks to be allotted for any exercise shall be the aggregate of the marks allotted by the 3 judges.

Marks shall be awarded for :

- (a) Difficulty and quality of the combination of movements shown
- (b) Style and sequence
- (c) Variety of movements.

**Instructions to Competitors.** —On a competitor’s name being called out he shall assume the position of attention, opposite to and about 6 to 10 ft. away from the apparatus. He shall then smartly approach the apparatus, halt at a convenient distance from it, and commence his combination without further word of command.

At the conclusion of the exercise the competitor shall, in alighting, bend the knees outward, holding the head and trunk erect, and shall assume the position of attention by straightening the legs and lowering the heels (which should be brought together), pause, then walk smartly to his seat.

Judging shall commence when the competitor begins to approach the apparatus for the purpose of doing the exercise, and will cease on his resuming the position of attention at its conclusion.

**Style.** —Attention is called to the following points of style :—

- (a) Correct carriage in approaching the apparatus.
- (b) Decision of movement in commencing the exercise.
- (c) Even speed in the execution of the exercise.
- (d) Precision of grasp or in change of grasp.
- (e) Avoidance of any touch of the apparatus except that of the needful grasp or seat.
- (f) Straightness of extended limbs or feet, with legs closed, except when otherwise necessary.
- (g) Easy and graceful carriage of the head.
- (h) Precision in alighting from the apparatus.

**Order of Rotation of Competitors.** —The order of rotation of competitors shall be determined by ballot before the commencement of the competition, and the order so determined upon shall be adhered to throughout the competition.

**Second Attempts.** —No competitor shall have the option of a second attempt at any exercise unless the judges consider that he has been interfered with in his first attempt, or that his first attempt has otherwise been rendered abortive through no fault on his part.

**Resumption after a Fall.** —A competitor who has the misfortune to fall off the apparatus during the performance of his combination may resume his position on the apparatus and continue his combination from the point at which he fell off, the fall being considered a break in sequence, and marked as such.

If the competitor decides to resume his position on the apparatus and to complete his combination, he must do so immediately, and no extra time shall be allowed for the time off the apparatus.

**Squadding of Competitors.** —The competitors shall be divided into squads of not less than 10, nor more than 12, and shall be each under the charge of a Steward, who shall conduct his squad from apparatus to apparatus in the order directed by the Gymnastic Sub-Committee.

If the number of competitors exceed 84, then for each squad in excess of that 84 additional apparatus and judges shall be provided.

It being understood that additional apparatus means a complete set of additional apparatus, and that when two or more sets of apparatus are in use the Competitors shall be so squadded as to assign, so far as possible, an equal number of competitors to each apparatus.

**Hints to Competitors and Judges.** —The judges will pay particular attention to the following points :—

- (a) Successful performance of the exercise attempted. Competitors are warned against attempting exercises that are not well within their powers. A competitor who fails in some of the movements he attempts will score less than he would have done if he had omitted these movements altogether, and merely attempted the movements he actually accomplished.
- (b) The difficulty of the movements shown and the manner in which the combinations are composed. It is desirable that the exercise as a whole should be elegant. Great attention should therefore be paid to the sequence of the movements, and it should be remembered that the employment of easy or inelegant movements as connecting links is undesirable.
- (c) The variety of movements in a combination. Endurance shown in the repetition of the same or similar movements will not be regarded as meritorious. Competitors should also avoid the performance of any inordinate number of movements easy in themselves. Variety of this kind is not desirable, and will not gain marks.

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## SECTION II.

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### COMPETITIONS FOR TEAMS.

#### MASS EXERCISES, OR MOVEMENTS IN UNISON.

**Nature of the Competition.**—The exercises may be those known as “Free Gymnastics” or exercises with Hand Apparatus such as Dumb Bells, Indian Clubs, Wands (Iron or Wood), etc.

Any exercises or combination of exercises, whether those known as “Free Gymnastics” or those with any kind of hand apparatus, are admissible, but exercises which require fixed apparatus are not admissible.

Each competing Team must supply its own hand apparatus for this Competition.

**Number of Teams, and Strength of Teams.** —No country shall be represented by more than one team.

Each team shall consist of not less than 16 nor more than 40 men.

**Conditions.** —The exercises in this competition are left to the choice of the competing teams.

The members of a team must all wear the same costume, provided with the distinctive badge of the team.

The time allowed for each team to take up position, execute its exercises, and march off shall be thirty minutes.

The Instructor shall bring his team into the arena and give them the necessary instructions preliminary to the commencement of the exercises. At the conclusion of the exercises he shall re-form his team and march it off the arena.

The Instructor here mentioned may be either an amateur or professional.

So far as possible the judges shall form their judgment from a consideration of the following subjects :

- (1) The physique, carriage and movements of the team in general, —the quality of the latter to be judged especially in marching and running.
- (2) The manner of performing the exercises in regard to the strength and beauty of their execution, and the homogeneity of the team-work. All the members of the team must perform every exercise.
- (3) The physiological value of the programme of exercises in regard to the character, combination, arrangement and relative quantities of the exercises : and the completeness and suitability of such a programme as a normal gymnastic practice.

The maximum number of marks to be allotted by any one judge to any team shall be 160, allocated as follows :—

Appearance and march of the competitors	... 40
Precision of movement, style, &c. ...	... 60
Physiological and rational combination of the exercises executed ...	... 60
	160

Each team will be judged by three judges and their marks shall be added together. The team securing the highest aggregate in this manner shall be adjudged the winners.